



OHIO NURSING STUDENTS' ASSOCIATION

2011 Annual Convention

October 7th -9th in Toledo, Ohio



Welcome Back Ohio Nursing Students!

I hope that most of you had a nice summer off! For those of you who didn't have it off, you're one step closer to graduation because of it! My name is Samantha and I am this year's convention planning director. The theme we have chosen for convention this year is, "Nursing Students in the Heart of it All!" It will take place on October 7th-9th, 2011 at the University of Toledo Health Science Campus. We have been working very hard all year long to put together the best convention possible. We've drastically expanded the size of this year's convention to include 10 different break-out sessions to choose from! These sessions are geared toward helping prepare you to be a better nurse in every way possible. From NCLEX practice, to pharmacology tricks, to getting your first job (and those are just a start), we've got it all covered! The sessions and their descriptions are listed in the convention tab of our website (www.choosenursingoh.com). These sessions have a maximum amount of people so it will be first come first serve. Pre-registration is the best way to guarantee your place at the breakout session you want to attend. **Pre-registration will also cost you less and secure your spot at our Friday night at Fat Fish Blue Comedy Club.** All of the information you need to register is posted on our website, but if you have questions, don't hesitate to email me at

SEPTEMBER 2011

Annual Convention



Convention Breakout sessions

View more details about the convention breakout sessions.

2



Awards

Submit your school for an annual ONSA awards.

2

ONSA



Next Years Convention

ONSA is accepting applications for next year's convention. Think about Submitting your school.

3



Running for Office Brain Bowl Student Activity Tables

4

Don't forget to pre-register for our Annual convention on our website

conventionplanner@choosenursingoh.com. Help us make this the best state convention yet! See you in October!

Annual ONSA Awards

The time is finally here to recognize student nurse association (SNA) chapters on their hard work this past year. At this year's 2011 ONSA Annual Convention, we will be giving away awards to recognize those SNA chapters that have gone above and beyond to make their chapter a success. The following awards will be given out at this year's convention on October 8th, 2011: Best Student Nurses Association Board, Best Community Health Project, Best Fundraiser, Best Legislation Project, Best Newsletter, Best Website, Best Breakthrough to Nursing Project, Faculty Advisor of the Year, Largest Increase in Members, Most Members, and Nursing Student of the Year. Application for awards can be found on our website, www.choosenursingoh.com. Application deadlines will be September 30th, 2011.

*If there is something
some thing interesting
that your SNA chapter
did, look at applying for
an award(s).*

Convention Breakout Sessions

*1.1 Panel: Where Are They Now?

Q&A with recent graduates from various hospitals about their experiences as new nurses.

*2.1 BSN in Ten: Initiative to require a BSN within 10 years of initial licensure (Recommended for delegates)

Overview of the current status of the BSN in Ten in Ohio. Historical and political implications discussed. Extended Open Forum time for audience Q & A.

*3.1 Nursing Career Seminar: How to Get Your First RN Position in a Competitive Environment

Tips on how to fine-tune your resume, search for open positions, prepare for the all-important interview, ace the interview, and pass the NCLEX the first time.

*4.1 Pharmacology Made Insanely Easy

A fun, easy, and memorable program that shows you how to increase your knowledge and your confidence in medication administration and pharmacology exams.

*5.1 Faculty Only Session: NCLEX-RN Update for Faculty

Learn about how the NCLEX-RN exam is administered, updated and managed. Discuss the various question formats currently being used or developed and ways to help prepare your students for the exam.

*1.2 Panel: Specialty Nurses, What Is It Really Like?

Get your questions answered about different specialties of nursing

*2.2 NCLEX Practice Test

Seize the opportunity to test your knowledge and decision making skills on passing level NCLEX questions. As a bonus, an NCLEX expert will review some questions with you and offer some tips to help you succeed on Test Day.

*3.2 Disaster Preparedness Workshop

The best way to react to disaster is to be prepared before it occurs. Come volunteer with other students to create comfort kits that will be donated to American Red Cross Shelters! These comfort kits will provide personal hygiene items to those individuals that seek shelter with the American Red Cross during times of crisis.

*3.3 Q&A on Healthcare Reform with Dr. Becky Patton

Immediate past President of ANA, Becky Patton, worked with President Obama on making sure that Healthcare reform is supportive of the nursing profession. Ask Dr. Patton how healthcare reform will affect your practice as an RN.

*4.2 Test Taking Strategies: A Visual Approach

This interactive session presents test taking strategies that increase success in answering NCLEX style questions correctly.

*1.3 Advancement of Trauma Skills through the use of Simulation

An interactive simulation session that will enhance clinical reasoning and technical skills needed in an acute event.

*2.3 Mini-NCLEX review by Hurst Review Services

ONSA is looking for its 2012 Annual Convention

Think about nominating your school.

Calling for 2012 ONSA Convention Proposals!

Planning is well underway for our upcoming convention that will take place at the University of Toledo Health Sciences Campus in Toledo, Ohio October 7th & 8th, 2011. However, we are already starting to think about the 2012 ONSA Convention and we would like to give your school the opportunity to submit a proposal if you would like to host the event. The annual convention will take place in October of 2012.

The proposal should include the following information:

- Hotel with the price per night
- The location of the hotel in comparison to the school to be hosting
- The dates available for both the hotel and the school
- If the hotel has continental breakfast
- The meeting space at the hotel and price
- The meeting space at the school and price
- Parking for the event and price
- Catering prices
- If AV equipment is available
- If there is an adequate size hallway or room for 15-25 exhibitors to have displays

This information along with contact information should be included in a proposal submitted to ONSA by September 16th, 2011 so that we have adequate time to evaluate the proposals, determine next year's site, and announce it at the 2011 convention. Please send an email to Samantha.stevens@rockets.utoledo.edu if you would like to see a sample proposal. All information can be sent to Samantha Stevens, ONSA Convention Planner at:

248 Albany Dr. NW
Canton, OH 44708

If you have any questions, comments, or concerns feel free to email Samantha at samantha.stevens@rockets.utoledo.edu with "Convention" in the subject line. We look forward to seeing your proposal and hope to see you at the 2011 ONSA Convention in Toledo, Ohio

Running for an ONSA Office

Looking to enhance your leadership skills, become a part of a professional organization, or work with other nursing students? Joining The Ohio Nursing Students' Association (ONSA) Board of Directors could do just that for you, and more! I would like to take this time to encourage you to read through our Candidate Guidelines, ONSA Bylaws/Policies, and browse our website to see what ONSA is all about. If you are considering running for an office, or just have questions, don't hesitate to contact me for any questions. My information, candidate guidelines, and the application/consent to serve form are all posted on our website, www.choosenursingoh.com

*Deadlines for receiving applications are September 23, 2011.

*Look on our website:
ChooseNursingOH.com
for more information and
applications*

Brains Bowl Competition

Represent your school by participating in this year's 2011 ONSA Annual Brain Bowl Competition. On Friday night of convention, nursing schools from all over the state of Ohio will come together and compete to see who will take home this year's trophy. The competition will consist of a series of NCLEX questions in which you will be able to decide amongst your teammates and come up with your best educated answer. Teams will consist of 4 students, and schools may have more than one team. Register for this year's competition when you pre-register for convention at www.choosenursingoh.com, or sign up when you arrive at convention.

*2010 Brain Bowl Champions
from Ursuline College of
Nursing*

Student Activity Tables

Student Nurse Association Chapters: Need a great way to raise funds for your organization? At this year's ONSA Convention student activity tables will be available for you to sell items, such as student nurse apparel, hold raffles, and even place displays about activities your chapter has participated in this past year. The student activity table area is the only place schools may sell fundraising materials. Tables are assigned at the Registration Table, on a first-come, first-serve basis. You may also sign up for a table when pre-registering for convention at www.choosenursingoh.com. Tables are available for \$10.00. The NSNA along with the ONSA urge members to project a positive image of nursing by not selling, wearing or displaying slogans demeaning to nursing. Sellers are responsible for the security of their merchandise, as ONSA and The University of Toledo assume no liability for lost or stolen items.

Do you love volunteering or being able to help out? Then Look Here!

Here's **three** ways to become involved with ONSA's Community Health Programs:

- 1.) **Collect pop tabs!** ONSA will be collecting pop tabs throughout the year. Everyone can bring their pop tabs to the ONSA Annual Convention on October 7-8, 2011. A collective pop tab donation will be made to the Ronald McDonald House after convention. The Ronald McDonald House provides a place to stay for families while their child is hospitalized. More information about the Ronald McDonald can be found at www.rmhc.org. Contact any Ronald McDonald House for free cardboard pop tab collection houses!
- 2.) **Donation Drive!** The severe weather in the south has left many people without shelter. Luckily, the Red Cross has provided shelter, food, cloths, and much more to those in need. The ONSA would like to help the efforts by donating supplies to the Red Cross. The ONSA is setting up donation drives in numerous places around the state of Ohio. All of those donations will be brought together at the ONSA Annual Convention on October 7-8, 2011. During a Community Health Workshop, nursing students from all around the state can show support by assembling the donations into comfort kits, which will be donated to the Red Cross Shelters. Set up your own donation drive at your school to contribute to the Community Health Workshop at Convention!

Items needed to create Comfort Kits

Include:

- Deodorant
- Toothbrushes
- Toothpaste
- Facial Tissues
- Washcloths
- Shampoo
- Liquid Soap
- Lotion

- Combs
- Razor
- Shaving Cream

- 3.) **Volunteer with the Back Pack Program!** ONSA like to challenge SNA local chapters to get involved with the Backpack Program. The Back Pack Program provides food to children living in poverty with food for the weekends. Examples of ways to become involved include: holding a food donation drive, volunteering at a local food bank, packing lunches for a Backpack Program in your area, administering lunches to the children with the Backpack Program, or setting up a Backpack Program with a school/daycare in your area. Volunteering with this program could help your chapter win the Community health Project Award at Annual Convention. Contact your local food bank and see how you can help fight hunger! For more information, check out the Community Health Project tab on the ONSA website, www.choosenursingoh.com

Have a Great Idea? Is There Something You Would Like to Change?



Consider submitting a resolution to be discussed and voted on at the Ohio Nursing Students Association Annual Convention House of Delegates Session! Resolutions are due Friday, September 30, 2011 to nai2@case.edu. Please contact your ONSA Legislative Director Nicole Irick at nai2@case.edu with any questions or concerns. We would love to help you and/or your school's chapter write a resolution!

*For more information or
convention updates go to
ChooseNursingOH.com*

And Don't Forget to Pre-Register!